

**Fit / Adaptation Assessment**

Consider information about your organization in the first column. In the **Fit** column, indicate if the program, policy or strategy fits with each factor within the categories. In the last two columns, consider how you can **increase fit** and whether the components can be **changed or adapted** for each factor while maintaining fidelity to the original evidence-based program, policy or strategy.

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| **Does the chosen option…** | **…fit your group?** | | | **How can you increase fit?** | **Can this factor be changed?** | | | | |
|  | **Yes** | **Partially** | **No** |  | **Yes** | | **No** | | **Maybe** |
| **Program, Policy, or Strategy** |  |  |  |  |  | |  | |  |
| **Health behaviors/topics** |  |  |  |  |  | |  | |  |
| **Goals** |  |  |  |  |  | |  | |  |
| **Type of delivery methods** |  |  |  |  |  | |  | |  |
| **Time span** |  |  |  |  |  | |  | |  |
| **Materials available** |  |  |  |  |  | |  | |  |
| **Setting** |  |  |  |  |  | |  | |  |
| **Education** |  |  |  |  | |  | |  |  |
| **Gender** |  |  |  |  | |  | |  |  |
| **Race/ethnicity** |  |  |  |  | |  | |  |  |
| **Socioeconomic status** |  |  |  |  | |  | |  |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Does the chosen option…** | **…fit your group?** | | | **How can you increase fit?** | **Can this factor be changed?** | | | | | |
|  | **Yes** | **Partially** | **No** |  | **Yes** | | **No** | | | **Maybe** |
| **Organization** |  |  |  |  | |  | |  |  | | |
| **Fit with mission** |  |  |  |  | |  | |  |  | | |
| **Leadership support** |  |  |  |  | |  | |  |  | | |
| **Availability of a project coordinator** |  |  |  |  | |  | |  |  | | |
| **Resources** |  |  |  |  |  | |  | | |  |
| **Finances/cost** |  |  |  |  |  | |  | | |  |
| **Staff & expertise** |  |  |  |  |  | |  | | |  |
| **Facilities** |  |  |  |  |  | |  | | |  |
| **Partnerships** |  |  |  |  |  | |  | | |  |
| **Community** |  |  |  |  |  | |  | | |  |
| **Priorities and values** |  |  |  |  |  | |  | | |  |
| **Readiness for prevention**  **Program, policy or strategy** |  |  |  |  |  | |  | | |  |
| **Fit with existing programs** |  |  |  |  |  | |  | | |  |
| **Other** |  |  |  |  |  | |  | | |  |

\*Tool adapted from: Lesesne, C. A., Lewis, K. M., Moore, C., Fisher, D., Green, D., & Wandersman, A. (2007). Promoting Science-based Approaches to Teen Pregnancy Prevention using Getting To Outcomes: Draft June 2007. Unpublished manual.